

Patient Instructions for Stool Specimen Collection:

This Stool Collection Kit will help you conveniently collect stool specimens. The following instructions will assist you in the correct collection technique enabling the laboratory to provide accurate results and avoid costly repeat testing.

PLEASE NOTE: Substance and medications such as mineral oil, barium, bismuth, antibiotics, anti-malarial, and non-absorbable anti-diarrheal preparations interfere with the detection of intestinal protozoa. Intestinal protozoa may be undetectable for one to several weeks after administration of any of these substances. Specimen collection should be performed after seven days in the case of antibiotics or barium.

IMPORTANT: Please read and follow all instructions.

1. This Stool Collection Kit contains four vials. Provide specimen for all four.
 - a. Clean empty vial (white lid)
 - b. Ecofix Stool Transport vial (green lid)
 - c. Para-Pak C&S (orange lid)

PLEASE!

- i. **DON'T** urinate on the specimen or in the collection container.
 - ii. **DON'T** urinate in the vials.
 - iii. **DON'T** pass the specimen directly into the vial
 - iv. **DON'T** pass the specimen into a toilet.
2. The stool should be passed into a clean, DRY container. Use a bed pan or place a large plastic bag into a waste basket to catch the specimen. A clean margarine tub, clean wide-mouthed jar or a clean milk carton with the top cut off can also be used.
 3. Open the vials containing the liquid. Using the collection spoon built into the lid of each vial (or the wooden sticks, if supplied), place small scoops of stool from areas which appear bloody, slimy or watery into the vial until the contents rise to the red line. If the stool is formed (hard), please try to sample small amounts from each end and the middle.
 4. Mix the contents of the vial with the spoon, then twist the cap tightly closed and shake the vials containing preservative vigorously until the contents are well mixed.
 5. The clear vial has no liquid in it. Using the same technique as in #4, fill it with stool to the red line.
 6. Check all caps to be certain they are tightly closed. Store vials at room temperature.
 7. Mark the labels on the tubes with the identification information requested below:
 1. **FULL NAME**
 2. **DATE OF BIRTH**
 3. **DATE OF COLLECTION**
 4. **TIME OF COLLECTION**
 8. Deliver specimens within **TWO** hours of collection to the North Valley Hospital Laboratory Services, 1600 Hospital Way, Whitefish. **Monday - Friday 7am to 5:30pm. Please note, patients will need to bring their drop-off specimens inside to the lab.**
 9. Wash your hands thoroughly. If any liquid from the tubes gets on your skin or in your eyes, flush with plenty of running water. If irritation develops, consult a physician.



Preservatives are POISONOUS

-DO NOT DRINK -

KEEP OUT OF REACH OF CHILDREN

****Preservatives are POISONOUS - DO NOT DRINK - KEEP OUT OF REACH OF CHILDREN****

ANTIDOTE IF SWALLOWED: Dilute by drinking 2-4 glasses of water, immediately contact an emergency facility, poison information center, or a physician to receive medical attention. Save the reagent vial; label information will be helpful for determining appropriate medical treatment.

IF YOU HAVE QUESTIONS, PLEASE CALL THE LABORATORY AT 863-3577